

**ADULT CONSENT & MEDICAL FORM**
**SECTION 1**

<b>School/Group/Company or Individual Organiser:</b>	
<b>Date(s) of Visit:</b>	

**SECTION 2**

<b>Name:</b>	
<b>Date of Birth:</b>	
<b>Gender:</b>	
<b>Age at time of attendance:</b>	
<b>Address (inc Postcode):</b>	

**SECTION 3**
**EMERGENCY CONTACT(S) DETAILS:**

	Contact no.1	Contact no.2
<b>Name:</b>		
<b>Relationship to you:</b>		
<b>Address (if different from Section 2):</b>		
<b>Mobile tel no:</b>		
<b>Home tel no:</b>		
<b>Work tel no:</b>		

**SECTION 4**
**DOCTOR'S DETAILS:**

<b>Doctor's Name:</b>	
<b>Surgery Address:</b>	
<b>Telephone no.</b>	

**SECTION 5****MEDICAL CONDITIONS:**

**Have you had (or do you still suffer from) any of the following  
and/or are you receiving any treatment or medication that we should be made aware of?**

**Please provide details in the below section.**

Condition	Please circle below correct answer		Details & Medical Advice Received in Event of Emergency
	Yes	No	
Asthma or Bronchitis	Yes	No	
Heart Condition	Yes	No	
Fits, fainting, black-outs	Yes	No	
Severe Headaches	Yes	No	
Diabetes	Yes	No	
Allergies to any medication	Yes	No	
Any other allergies e.g., food, plasters	Yes	No	
Regular Medication	Yes	No	
Travel Sickness	Yes	No	
Any other illness, disability or special needs	Yes	No	

**SECTION 7****MEDICINES/TABLETS**

**If the answer to above of Section 6 is YES, please give details of medication**

Condition	Prescribed medication	How often do you take this medication

<b>SECTION 8</b>			
<b>TETANUS</b>			
			<b>Please circle below correct answer</b>
Have you received Tetanus vaccination in the last 10 years?			Yes      No
<b>SECTION 9</b>			
<b>PHYSICAL FITNESS</b>			
	<b>Please circle below correct answer</b>		<b>Details</b>
Please advise if you have any mobility issues or physical restrictions	Yes	No	
Any fears/phobias we need to be aware of?	Yes	No	
<b>SECTION 10</b>			
<b>ABILITY TO SWIM</b>			
	<b>Please circle below correct answer</b>		<b>Comments</b>
I can swim 50 metres & am water confident	Yes	No	
I am water confident & can swim but I'm not sure how far	Yes	No	
I'm a non-swimmer & may not be confident in water	Yes	No	
<b>SECTION 11</b>			
<b>SPECIAL DIETARY NEEDS</b>			
<b>Please indicate any special requirements we need to accommodate</b>	<b>Please circle below correct answer</b>		<b>Comments</b>
Vegetarian	Yes	No	
Vegan	Yes	No	
Halal	Yes	No	
<b>ALLERGIC REACTIONS TO?</b>			
Eggs	Yes	No	
Fish	Yes	No	
Crustaceans	Yes	No	
Peanuts	Yes	No	
Soyabeans	Yes	No	
Milk	Yes	No	

<b>ALLERGIC REACTIONS TO?</b>			
Nuts	Yes	No	
Celery	Yes	No	
Mustard	Yes	No	
Sesame	Yes	No	
Sulphites	Yes	No	
Lupin	Yes	No	
Molluscs	Yes	No	
Cereals containing Gluten	Yes	No	
Anything not covered in the above?	Yes	No	

## **SECTION 12**

### **PHOTOGRAPHS & MARKETING**

<b>Open Door Adventure regularly take photographs of participants doing activities for use on our website &amp; social media</b>	<b>Please sign below</b>	<b>Please insert date below</b>
I give approval for photographs of me potentially being used in Open Door Adventure's publicity		

## **SECTION 13**

### **COVID-19 ACKNOWLEDGEMENT**

**Whilst restrictions have greatly eased, please help us continue to keep our staff and customers safe and our doors open. Should you test positive for COVID-19 on the date of your planned visit, we kindly ask that you DO NOT attend or take part in activities. For up-to-date Welsh Government Guidelines, please visit [www.gov.wales](http://www.gov.wales)**

## **SECTION 14**

### **ACKNOWLEDGEMENT OF RISK CONSENT**

**Open Door Adventure Ltd will use all due care & attention to ensure activities are run safely and professionally.**

**Whilst we are dedicated to the safety of our clients & endeavour to ensure all activities are operated to a very high standard of safety, there is always an element of unforeseen risk. Anyone taking part in an activity operated by Open Door Adventure Ltd does so with this understanding without affecting your statutory rights.**

**The Company will not be held responsible for accidents or injuries cause partly or completely due to lack of disclosure.**

**All activities offered can be physically demanding therefore you should be in reasonably good health & physically fit before participating. It is always advisable to seek medical advice if you are unsure about their health.**

**To help with safety I understand that I am expected to behave in a responsible manner at all times and must take direction from Open Door Adventure Ltd staff and follow instructions or guidance given.**

**Declaration:**

- I confirm that the above details provided in this form are true and correct and that I am fit and able to participate in the activities booked
- I understand and agree that I will not attend any activity or course if testing positive for Covid-19 on the date I am due to arrive at Open Door Adventure Ltd
- I understand that all activities take place in the outdoors where conditions may be wet, slippery and hazardous. I accept that there is a is element of unforeseen risk and I give consent to the accompanying risk that is associated with organised outdoor pursuit activities.
- I agree that it is important for my own safety and that of their peers, that any rules & regulations given by the staff are always adhered to.
- I understand & agree that should an instructor feel my behaviour is jeopardising the safety of myself and/or others, that I will be excluded from the activity without refund
- I consent to any emergency medical treatment necessary being given to me by on-site First Aiders or qualified medical respondents in the event of an accident.

Signature: .....

Name in Capitals:.....

Date: .....

**Data Protection:**

We treat security with the highest priority. We hold data about you to run our business safely and efficiently and it is not kept any longer than is necessary. It is kept safe and secure and is handled with sensitivity to protect individual's data protection rights. You have the right to ask to see what data we hold for you and to ask us to correct it and/or remove it from our database. We do not share your data with any third party.